## Leave the house wearing...

Underwear(!)
Ski pants – wind resistant, shedding snow easily
Ski socks
Wicking baselayer shirt
Wicking midlayer(s) (eg fleece)

Snow boots Warm winter coat Gloves/mittens

## Change into for skiing...

Ski boots Windproof lightweight ski coat Neck gaiter/turtleneck Hat Sunglasses Mittens

## Change into after skiing...

Dry socks, pants, shirt

Snow boots Warm winter coat Gloves/mittens

## Don't forget...

Skis Poles Easyglide wax

Lunch Snacks Filled water bottles Mug

Lipbalm Sunscreen Change for the turnpike