



ALTOONA SUMMER BIATHLON

June 27, 2015

Altoona Rifle and Pistol Club

**Cross Country Running combined
with Rifle Marksmanship!**

June 27 RACE OUTLINE - 5KM SPRINT FORMAT

FIRST TIMERS WELCOME! NO EXPERIENCE NECESSARY! ALL EQUIPMENT PROVIDED!

- One runner starts every minute and runs a 1 mile loop.
- Using a .22 caliber rifle, the competitor lays down (prone position) and shoots five shots at 4.5" targets that are 102' away.
- After shooting, the competitor runs one 77 yard penalty loop for each target they missed.
- The competitor then repeats the 1 mile loop before shooting five more shots from the standing position.
- After shooting, the competitor again runs one 77 yard penalty loop for each target they missed.
- Finally, the competitor runs the same 1 mile loop one more time before crossing the finish line.
- **All first-time participants are required to attend the pre-race biathlon familiarization clinic.** You will learn the rules of the sport, shooting positions, safety, strategy, and shoot the rifles before the race.
- Schedule:

7:30 AM:	Registration and Packet Pick-Up Opens
8:00 AM:	Familiarization Clinic (mandatory for first-time participants)
8:30 AM - 9:20 AM:	Zero for personal rifles
9:30 AM:	Race begins

2012 WINNERS (Last Altoona Event)

Class	Women	Men
1 st Overall	Ann Sick, Millville, PA	Christopher Brown, Hollidaysburg, PA
2 nd Overall	Deanna Brown, Hollidaysburg, PA	James Beveridge, Morrisdale, PA
3 rd Overall	Tanya Rismiller, State College, PA	John Sims, Venus, PA
Junior	Erin Barno, Camp Hill, PA	Chad Wheland, Williamsburg, PA
Senior	Jessica Langs, State College, PA	Clair Langs, State College, PA
Master	Barbara Thomas, Somerset, VA	Don Hoffman, Ridgway, PA
Grandmaster	Susan Thomas, Wells Tannery, PA	Scott Sick, Millville, PA
Super G		Jim Grazier, Tyrone, PA

AWARDS:

Prizes will be awarded to the first three overall men and women and to the first three finishers in each of the following categories (no duplication of awards):

Junior - Born on or after 1/1/94 and on or before 7/7/03

Senior - Born on or after 1/1/75 and on or before 12/31/93

Master - Born on or after 1/1/65 and on or before 12/31/74

Grandmaster - Born on or before 12/31/64

Note: Number of awards may be increased if entries warrant it.

REGISTRATION:

T-shirts are guaranteed to all registrants post-marked by June 1, 2015.

Registration fee is \$23.00 Make checks payable to "William C. Harshman". Entry fees are non-refundable.

CONTACT:

Bill Harshman, e-mail wch108@psu.edu or phone 814-684-1639

DIRECTIONS:

From I-99, take the Bellwood Exit (#41) and follow signs toward Fort Roberdeau. After 3.9 miles you will come to a stop sign in the village of Skelp. Turn right onto Golf Course Road and proceed 0.5 mile to another stop sign and turn right, staying on Golf Course Road. 2.6 miles later is another stop sign at which you turn right onto Kettle Road. 0.6 miles later is a large sign for the Altoona Rifle and Pistol Club at which you turn right onto Fort Roberdeau Road. 0.4 mile ahead bear to the left at the fork in the road. The Altoona Rifle and Pistol Club entrance is 0.4 mile ahead.



2015 ALTOONA, PENNSYLVANIA SUMMER BIATHLON OFFICIAL ENTRY FORM

Detach and mail to: Bill Harshman, 609 Cedar Lane, Tyrone, PA 16686
\$23.00 Registration Fee Payable to William C. Harshman

*** Please type or print neatly. ***

Name (Last, First) _____ Birthdate (mo/day/yr) _____

Street Address _____ City, St _____ Zip _____

Telephone (____) _____ E-Mail _____ Gender: M F

Current 5K Time _____ T-Shirt: S M L XL Have you competed in biathlon before? Y N

_____ Check here if you will bring your own rifle. (Must comply with applicable IBU rules. Available upon request.)

RELEASE: In consideration of the acceptance of my entry, I, for myself, my executors, administrators and assigns, do hereby release and discharge the United States Biathlon Association, Altoona Rifle and Pistol Club, and any other sponsors, organizers, and volunteers from all claims or damages, demands, or actions whatsoever in this event. I declare that I am physically fit and sufficiently trained to participate in this event.

Entrant's Signature _____ Date _____

(Parent or Guardian must sign if entrant is under 18.)