

ITEMS FOR SALE

Package Deals Considered...just ask!

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Snow Tires

4 Blizzak Snow Tires 235/60-18 *Used one season - very little wear – (LIKE NEW)...*\$430.00

Exercise Equipment

Bowflex XTL PRO...\$300.00

Weight Bench...\$160.00

Weight Rack...\$160.00

Dumbbells ranging from 5 lbs. to 45 lbs. in 5 lb. increments – TOTAL 450 lbs....\$225.00

Inversion Table...\$200.00

Ski Equipment and Wax

WAX

Fast Wax packs =80 gram

½ pack - Fast Wax HS-40 Glide Wax –Yellow...\$2.50

1 pack - Fast Wax HS LF-20 Glide Wax – Blue...\$10.00

1 pack - Fast Wax HSF-30 Salmon...\$25.00

1 pack- Fast Wax HSF-20 Tan...\$26.00

½ pack- Fast Wax HSF-20 Tan...\$13.00

1 ½ pack -Start Green SG8 Glide Wax 270g...\$24.00

2 packs-Fast Wax HSF 40 Bronze...\$52.00

1 ½ packs-Fast Wax HS-O White...\$12.00

1 pack-Swix Lf6...\$10.00

2 packs-Swix CH8...\$12.00

1 can Toko Wax Remover...\$6.00

WAXING EQUIPMENT/TOOLS

Swix Waxing Table w/legs and Steel Wax Profile...\$195.00

Swix T73 Wax Iron...\$45.00

Swix T74 Wax Iron...\$30.00

Swix Fiberlene 40m...\$8.00

Swix Oval Steel Coarse Brush...\$30.00

Swix Oval Bronze Medium Brush...\$8.00

Swix Polishing Brush...\$13.00

Swix Small Steel Brush...\$13.00

V2 Roto Brush Set...\$10.00

Razor Scraper...\$4.00

Steel Scraper...\$4.00

Swix Groove Cleaner...\$2.00

Riller Bar...\$6.00

Toko Structurite Riller 30.00

Swix Plexi Scraper Sharpener...\$15.00

SKATE SKIS***All Skis Have Pilot Bindings***

Salomon Equipe 10 Skate 192...\$300.00

Salomon Equipe 10 Skate 192...\$275.00

Atomic RSill Skate 190...\$200.00

Madshus TXC 235 Skate 195...\$100.00

Fischer RCS Skate 195...\$100.00

Fischer Aircore skate 195 (**Profil Bindings**)...\$50.00**POLES**

Swix RC 29 Profit Straps 162.5...\$50.00

Excel Avanti 162.5...\$50.00

Swix Star CT1 Composite Profit Straps 162.5...\$150.00

Swix CT3 Composite Profit Straps 162.5-(**NEVER USED**)...\$75.00

Swix Roller Ski Ferrules 10.3mm...\$9.00

SKATE BOOTS

Salomon Carbon Pro Skate Boots (gray) US 11...\$50.00

Fischer 59000 Pro Skate Boots Euro 45– (**WORN ONCE**)...\$50.00

Salomon S-LAB Skate Boots (black) Euro 46...\$50.00

Salomon S-LAB Skate Pro R-S17 (black/white) Euro 46...\$100.00

ROLLER SKIS***All Roller Skis Have Pilot Bindings***

Swenor Skate Elite Roller Skis w/ extra wheels and bearings...\$200.00

Elpex FL Pro Roller Skis w/ extra wheels and bearings...\$200.00

V2 Aero 150 Roller Skis w/ extra tubes, tires and pumps (profil bindings)...\$150.00

SKI EQUIPMENTGear West 4 Pair Padded Ski Bag (**LIKE NEW**)...\$45.00

Salomon ULTRA Insulated Belt...\$22.00

BOOKS

- Ski Skating With Champions – How To Ski With Least Energy, Einar Svenson, 1994...\$7.00
- Optimal Cross Country Ski Training, Lee Borowski, 2000...\$5.00
- Hiking the Allegheny National Forest, Jeff Mitchell, 2007...\$5.00
- Allegheny National Forest Hiking Guide, Bruce Sundquist, Carolyn Weilacher Yarta and Jack Richardson for the Allegheny Group, Sierra Club, 1999...\$4.00
- 50 Hikes In Western Pennsylvania (3rd edition), Tom Thwaites, 2000...\$6.00
- 50 Hikes In Central Pennsylvania (4th edition), Tom Thwaites, 2001...\$6.00
- You Haven't Lived Here If You Haven't...Northwestern PA (Erie Times News, Robb Frederick, 2007...

DVD/VHS

- *Nordic Skiing Techniques* DVD...\$20.00
- *Advanced Nordic Skiing Techniques* DVD...\$20.00
- *Evolution Running-Run Faster with Fewer Injuries* DVD, Joe Friel...\$20.00
- *Trail Running* DVD, Dave McMahon & Ray Zahab...\$20.00
- *The New Simple Secrets of Skating* VHS, Lee Borowski...\$10.00
- *Faster Race Skis* VHS, Torbjorn Karlsen...\$5.00