

2010 PA. NORDIC CHAMPIONSHIP

Individual race : \$27 Two races : \$42 Children's event : \$5
PACCSA Members - One event \$25; Two events \$40

_____ 5.5 K Classical Event (Interval start) _____ 8.5 K Freestyle Event (Interval start)

_____ 17 K Freestyle Event (Interval start) _____ Children's Events (Mass start)

PACCSA Member YES _____ NO _____

Cash Amount \$ _____ Check Amount / Check # \$ _____ / _____

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Emergency Contact Person _____

Phone _____ T-shirt size _____

Medical Problems _____

WAIVER AND RELEASE OF LIABILITY

1. Identification of Risks: I understand that participation in any skiing activity, including but not limited to, preparation for, participation in, and coaching of activities in cross country ski competitions and clinics, involve risk of serious injury, including permanent disability, death and other losses, due to inaction or negligence of myself or others.
2. Assumption of the Risk: I agree that I am responsible for my safety while participating in the Pennsylvania Nordic Championship races, and that such responsibility includes participation only a) when I am both physically and psychologically prepared to participate safely, b) after fully familiarizing myself with the venue before beginning the activity, and c) while using the equipment of a type and condition reasonably necessary to safely participate. I assume all risk connected with responsibility for any injury or loss connected with my participation.
3. Waiver: Aware of risks and willing to assume them, I hereby waive, release and agree to hold harmless the Pennsylvania Cross Country Skiers Association (PACCSA), Laurel Ridge State Park, the Pennsylvania Nordic Championship Committee and the Commonwealth of Pennsylvania, their affiliates, subsidiaries, officers, directors, employees, agents, coaches, trainers, doctors, officials, event organizers or sponsors (Released Parties) from any and all claims by me for any liability, injury, loss or damage in any way connected with my participation in activities associated with the Pennsylvania Nordic Championship races except where caused by the gross negligence or willful or wanton misconduct of any of the Released parties. I intend for this waiver and release to also apply to any relatives, personal representatives, heirs, beneficiaries, and next of kin or assigns who may pursue any legal action or claim on my behalf.
4. Insurance: I currently have, and agree to maintain throughout the time that I train and compete, valid and sufficient medical and accident insurance. I understand that this is my sole responsibility and release all persons and entities from providing this coverage for me.

Signature _____

Print Name _____ Date _____

For Participants of Minor Age: This is to certify that, as parent/legal guardian of this above named minor, I do hereby acknowledge and consent to his/her agreement to be bound by each of the terms and conditions identified above.

Parent/Guardian Signature _____

Print Name _____ Date _____